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A CONSERVATION AQUARIUM

STEMFEST 2025

ARE YOU AN OCEAN FRIENDLY HOME?

Our guide to making your home more
Ocean Friendly!



Keep me on
your fridge, so
you can easily
refer back!

What can be recycled at home?

We know that recycling can be confusing, but these tips can help you to dispose of and recycle your waste in the most sustainable way.



Rinse, empty, and flatten recyclable items like bottles, keeping lids on containers even if they're made of different materials. Recycling doesn't need to be spotless, small amounts of leftover contents won't prevent items from being recycled.



Paper & card

(Peel off as much tape as possible)



Glass bottles & jars

(With lids on)



Tins & cans



Food containers

(Wipe off excess grease)



Hard Plastics



Aerosols

(Empty)



Aluminium foil

(Scrunched to golf ball size)



Newspapers & magazines

Coming soon!

Starting in Spring 2026, Plymouth will introduce food waste bins, with collected waste converted into renewable energy.

This information is accurate as of 2025. Visit the Plymouth City Council website for updates:



Ocean Friendly Actions for Your Home

Tick each box as you put these sustainable practices into action.

Save Energy

- ☐ Switch off appliances & lights when not in use
- ☐ Keep windows shut with heating on
- ☐ Use energy-saving bulbs
- ☐ Insulate with window film, draught excluders, radiator reflectors

Shop & Use Wisely

- ☐ Buy unpackaged fruit/veg
- ☐ Choose plastic-free toiletries (soap/shampoo bars)
- ☐ Use beeswax wraps instead of cling film
- ☐ Bring reusable bags, bottles & coffee cups
- ☐ Refill cleaning products
- ☐ Use cloths instead of paper towels
- ☐ Choose recycled toilet/kitchen roll
- ☐ Opt for metal razors & reusable period products
- ☐ Avoid fast fashion by choosing pre-loved clothes

At Home

- ☐ Use cloth nappies
- ☐ Wash dishes in a bowl
- ☐ Run dishwasher/washing machine only when full
- ☐ Take short, cool showers instead of baths
- ☐ Turn off tap while brushing teeth
- ☐ Reuse bath/pasta water for plants

Scan here to find more ways to
#thinkocean



Some items can't go in your home recycle bin, but can still be sustainably disposed of:



Coffee pods: Find drop off points via www.podback.org (Recycling centres, supermarkets, coffee shops).

Milk/ Juice cartons: Take to household waste & recycling centres (e.g Chelson Meadows).



Soft plastics (e.g carrier bags/bread bags): Rinse & recycle at large supermarkets.



Toiletry packaging: The Scan2Recycle scheme at Boots provides a way to responsibly recycle many otherwise unrecyclable items in return for boots points!

Medicines & blister packs: Recycle at pharmacies.



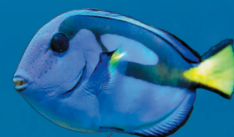


Electricals (Including Batteries & Lightbulbs) Recycle at recycling centres or some hardware stores (e.g. B&Q). Some retailers also take back old devices. Find points: www.recycleyourelectricals.org.uk

Clothes & textiles: Sell Preloved online, donate to charity shops, or drop at donation banks, or high street shops (e.g. M&S).



Some organisations specialise in hard-to-recycle items. Visit www.terracycle.com to find out where the free drop-off points are in Plymouth or your local area.



We know that it might seem like a lot to have to take these items to different places - why not set up a "recycling cupboard" where you can store your items until you next visit the supermarket/hardware store etc.